



2019 Costumes, Hair & Makeup

Costumes

Costumes are the responsibility of dancers and their families until immediately after recital. Dancers will return their costume(s) and any costume accessories directly to a backstage volunteer who will sign off on their return. Reminder: A costume replacement fee of \$80 will be charged to your account if the costume is lost, damaged, or is not returned after recital.

Overall Notes:

- Undergarments should not be visible underneath any costumes. If wearing a bra with a costume please ensure it matches your skin tone.
**Dancers typically do not wear undergarments under tights or leotards.*
- Dance shoes and tights must be clean and not have any holes or visible marks.
**It is always a good idea to have an extra pair of tights ready for performance season.*
- Hair must be styled neatly in the appropriate style. No flyaways or loose hairs.
**Start practicing performance ready ballet buns and ponytails now! Let your dancer get used to what it feels like and be sure it will stay neatly out of their face as they dance.*
- No jewellery, nail polish, or extra accessories.
**The only accessories that should be worn are the ones provided with the costumes.*
- Dancers are required to wear stage makeup so they do not appear washed out on stage.
**This is not about "looking pretty" but is to ensure faces and expressions can be seen.*

Class Specific Notes:

- Creative Movement (Thurs) - Dance slippers, pigtails, black leggings (for red nighties only)
- Creative Movement (Sat) - Ballet pink or white tights, dance slippers, high ponytail
- CM & Tap (Tues & Sat) - Ballet pink or white tights, tap shoes, high ponytail
- Dance Foundations Ballet (Mon) - Ballet pink tights, pink ballet slippers, ballet bun
- Dance Foundations Jazz (Wed) - Ballet pink tights, black slippers or jazz shoes, ballet bun
- Dance Foundations Tap (Sat) - Ballet pink tights, black tap shoes, ballet bun
- Primary Ballet (Mon) - Ballet pink tights, pink ballet shoes, ballet bun
- Primary Jazz (Wed) - Black tights, black jazz shoes, ballet bun
- Primary Tap (Thurs) - Black tights, black tap shoes, ballet bun
- Junior Ballet (Tues) - Ballet pink tights, pink ballet shoes, ballet bun
- Junior Jazz (Wed) - Black tights/socks, black jazz shoes, high ponytail
- Junior Tap (Thurs) - Black socks, black tap shoes, ballet bun
- Junior Hip Hop (Fri) - Shoes (black preferred), high ponytail
- Senior Ballet (Mon) - Ballet pink tights, pink ballet shoes, french twist
- Senior Jazz (Thurs) - Bare legs or footless skin coloured tights, bare feet/half shoes, french twist
- Senior Tap (Thurs) - Black socks, black leggings, black tap shoes, high ponytail
- Senior Pointe (Mon) - Ballet pink tights, pointe shoes, french twist
- Senior Hip Hop (Fri) - Black shoes, high ponytail

Stage Makeup & Hair

All dancers will be required to wear stage makeup in order to not appear washed out on stage.

Makeup for performances ensures that facial features remain visible which helps to convey expression to the audience. For hair, whether your dancer requires a ponytail, ballet bun, or another style there must be no flyaways or loose pieces. This is the time to use your gel, hairspray and a lot of hair pins.

Stage makeup should include:

- Foundation (if between shades, select the darker shade for stage)
- Concealer (if necessary)
- Powder
- Eyeshadow (dark brown with white highlight shadow on inner eyelid and up to brow)
- Brow liner/powder (only necessary for those with light eyebrows)
- Eyeliner (top lid, extending slightly past the edge of the eye)
- Mascara
- Blush (red or pink for stage, avoid brown or neutral colours)
- Lipstick (a brighter ruby/berry shade looks good on stage without looking too “fake”)

Here are two videos to give an idea of what stage makeup for a dance performance should look like. You do not need to follow these exactly but they may be helpful if this is completely new to you.

- https://youtu.be/eE_o7766rKE
(false eyelashes are not needed except for Ensemble dancers)
- <https://youtu.be/F8AH29gHf5U>
(aimed at younger dancers)

Performance Hair:

- Performance hairstyles are easiest if hair is not freshly washed; hold off on washing your dancer's hair the day (or even two) before performances. Freshly washed hair will need more product in order to add texture to make the hairstyle hold.
- Ballet bun specifics:
 - This is a good tutorial video for a proper classical bun - <https://vimeo.com/138680066>
 - You will need a hair elastic, hair net, hair pins (these are not the same as bobby pins), and hairspray to make a proper bun.
 - Don't skimp on hair pins! The amount you need will depend on your dancer's hair length and volume (12 to 15 would be a minimum for most hair).
 - Bun “donuts” often create a bun that is rounder and larger than a proper ballet bun. They also make it harder for the hair pins to hold properly. If a dancer has shoulder length hair or longer it is recommended you do not use a donut.
- Those with shorter hair may also need other clips or bobby pins in order to keep shorter pieces of hair out of their face. Please make sure the clip matches their hair colour and is well secured (ie: not likely to fall out while dancing).
- If hair is too short for a bun or ponytail (chin length or shorter) then the top half should be pulled back cleanly off the face in order to match the look of the other dancers as much as possible.